

*Soak it all in*  
**Glenwood Springs**  
 ~COLORADO~



## **Glenwood Springs Whitewater Park to Host Freestyle Kayak Event**

### ***Throw Down Show Down on September 21***

*Glenwood Springs, CO (September 8, 2008)* - The new Glenwood Springs Whitewater Park will be the site for the first ever Throw Down Show Down freestyle kayak event on Sunday, September 21, 2008.

This event will serve as a practice run for the upcoming 2009 Freestyle Kayaking U.S. Team Trials which lead to the 2009 World Championships. “It will be good practice for kayakers interested in competing May 30th and 31st at the trials,” explains U.S. Team Trials Organizing Committee member Davis Farrar. “The park was designed for excellent freestyle play even with off-season flows—so competitors and spectators can expect lots of action at this event.”

Pre-registration for the Throw Down Show Down is \$20 at Glenwood Canyon Kayak, located at 100 Midland Avenue, Suite 240 in West Glenwood Springs. Register by phone at 970-928-9949. Onsite registration is \$25 on Sunday, September 21 from 10:00 AM to 11:00 AM. Competitor’s meeting and competition begins at 11:00 AM. Competitor categories will include Men and Women as well as Cadet (under 14 years), Junior (15-18), Open (18-45) and Masters (over 45). Categories may be adjusted based on the number of competitors in each category.

Spectators are encouraged to attend. Parking is limited; biking is encouraged. For lodging reservations, call 888-445-3696 or book online at [visitglenwood.com](http://visitglenwood.com).

- end -



***Glenwood Whitewater Park***



***Kayakers rave about the wave***



***Practice ride***

#### **ABOUT GLENWOOD SPRINGS WHITEWATER PARK**

The \$900,000 whitewater park, designed by Glenwood Springs-based RiverRestoration.org, is located on the Colorado River just upstream from the Midland Avenue bridge and I-70’s Exit 114 in West Glenwood Springs. For more information, visit [glenwoodwhitewaterpark.org](http://glenwoodwhitewaterpark.org).

#### **ABOUT FREESTYLE KAYAKING**

Freestyle kayaking competitors perform moves on a whitewater feature on a river; a feature is a wave or hole formed by the current. Kayakers are able to use today’s smaller kayaks to enter these features and perform tricks and moves. Cartwheels, spins and loops are a few of the many moves that may be performed. Competitors get a set amount of time—usually 45-60 seconds—to ‘ride’ the feature. Judges observe from shore and give the competitors a specific number of points for each type of move. For most competitions, the competitor has 2-3 runs and the best score is used for the final. Competitions are usually broken into categories by age and gender. If there are sufficient numbers of competitors, there may be heats in which the number of competitors is narrowed down.

#### **ABOUT GLENWOOD SPRINGS, COLORADO**

For more information and reservations: 970-945-6589, 888 4 GLENWOOD (888-445-3696) or [visitglenwood.com](http://visitglenwood.com). Glenwood Springs is located between Aspen and Vail, 160 miles west of Denver or 90 miles east of Grand Junction on Interstate 70 off exit 116. Many cities provide direct air service into Vail/Eagle County Regional Airport 30 miles to the east and Aspen Airport 40 miles to the south.

**[Click here for a Glenwood Springs press kit and recent Glenwood Whitewater Park press releases.](#)**

#### **Media Contact:**

Dave Farrar  
 970-963-7172

[wsconsulting@sopris.net](mailto:wsconsulting@sopris.net)