

Soak it all in
Glenwood Springs
 ~COLORADO~



Hawaiian-style Surfboard Paddling on the Colorado River?

Stand-up paddling makes waves among water-sports enthusiasts in Glenwood Springs

Glenwood Springs, CO (July 17, 2008) The Colorado and Roaring Fork rivers have long been popular water-based playgrounds for boaters, anglers, kayakers, river-rafters and even inner-tubers. But a new sport has made its way to the waterways in and around Glenwood Springs: stand-up paddling.

This fun activity also known as “river surfing” is an off-shoot of paddling upright in the ocean on a surfboard. It’s a sight more typically seen off the coast of Hawaii, not in the mountains of Colorado.

Nonetheless, paddle surfing is a nifty way for visitors and locals to make use of abandoned long boards or old windsurfing boards (without the sails). With a long raft-guide paddle, surfers stand atop the board and make their way through currents and eddies. Desirable water flow is typically a calmer Class I or Class II level, which can be found in late summer on the stretch of Colorado River from Grizzly Creek to Two Rivers Park.

Paddlers new to the sport can practice their maneuvers at the brand-new Glenwood Whitewater Park on the Colorado River just upstream from the Midland Avenue bridge and I-70’s Exit 114 in West Glenwood Springs. The whitewater park, which debuted in April, is designed for the varying levels of river flow that occur naturally throughout the year. A “standing wave” will occur during low, medium and high river flows, due to artificial boulders located at different places in the park. Learning pools and multiple eddies, allow river surfers to enter the standing waves over and over again. More information: www.glenwoodwhitewaterpark.org.

Charlie MacArthur of Aspen Kayak Academy is offering paddle-surfing lessons on the Glenwood-area Colorado and Roaring Fork rivers this summer. No experience is necessary, however any kayaking or surfing background can be helpful. He starts novices on flatwater first, and once a few basic skills are mastered, MacArthur introduces them to some gentle waves. Private or semi-private lessons are on request. More information: 970-925-4433, www.aspenkayakacademy.com.

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Stand-up paddling on the Colorado River



River-surfing at Glenwood Springs Whitewater Park

About Glenwood Springs, Colorado

For more information and reservations: 970-945-6589, 888 4 GLENWOOD (888-445-3696) or visitglenwood.com. Glenwood Springs is located between Aspen and Vail, 160 miles west of Denver or 90 miles east of Grand Junction on Interstate 70 off exit 116. Many cities provide direct air service into Vail/Eagle County Regional Airport 30 miles to the east and Aspen Airport 40 miles to the south.

[Click here for an online press kit.](#)

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